

**SUMMER  
2018**

# SCHEDULE

**ADMIN  
HOURS**

**TUE/THU:  
3:00 – 5:00**

Starts <b>JULY 3, 2018</b>	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>	<b>SAT</b>
<b>Adult Program (Ages 15 &amp; older)</b>						
<b>Aikido</b>	8:00 – 9:00		8:00 – 9:00			2:30 – 4:30 pm  <b>OPEN SCHEDULE</b> Classes below are open to all belts  <b>Advanced &amp; Black Belt Kata</b> 10:00 – 10:45  <b>Kobudo (All Belts)</b> 10:45 – 11:30  <b>Beginner, Intermediate, Recreational Kata</b> 11:30 – 12:15  <b>Tournament Saturday for 8 years and under</b> 12:15 – 12:45
<b>Karate</b>	7:00 – 8:00	7:00 – 8:00		7:00 – 8:00		
<b>Kenjitsu/Kobudo</b>			7:00 – 8:00 Kobudo	8:00 – 9:00 Kenjitsu		
<b>Youth Program (Ages 12 – 14)</b>						
<b>Karate</b>	7:00 – 8:00	7:00 – 8:00		6:00 – 7:00		
<b>Kenjitsu</b>				8:00 – 9:00		
<b>Kobudo</b>			7:15 – 8:00			
<b>Kodomo Karate Schedule (Ages 3 - 11)</b>						
<b>Rec. Karate</b> (Ages 3 – 7: Striped Belts)	6:00 – 6:30	5:00 – 5:30	6:00 – 6:30	5:00 – 5:30		
<b>Novice</b> (White – Orange   Ages 8 – 11)	6:00 – 7:00	5:00 – 6:00	6:00 – 7:00	5:00 – 6:00		
<b>Intermediate</b> (Orange – Blue   Ages 8 – 11)	6:30 – 7:30	5:30 – 6:30	6:00 – 7:00	5:30 – 6:30		
<b>Advanced</b> (Blue – Brown   Ages 8 – 11)	6:30 – 7:30	6:00 – 7:00	6:00 – 7:00	6:00 – 7:00		
<b>Brown/Black Blt</b>	7:00 – 8:00	7:00 – 9:00 July Only	6:00 – 7:00	7:00 – 8:00		
<b>Okinawan Kobudo</b>			7:00 – 8:00			
<b>Team Meibukan</b>						

### Holiday Closures\*

June 28 – July 3, 2018: Canada Day  
August 2 - 7, 2018: August Civic Holiday  
August 31 – September 5, 2018: Labour Day

\*Aikido and Karate Programs run independently and sometimes have different holiday schedules. Please contact your program Sensei for applicable dates.

### Other Important Dates

**Black Belt Testing Clinic: July 3, 10, 17, 24**  
**July Summer Camp: July 9**  
**Kyu Belt Testing Week: July 30**  
**Team Car Wash: August 12**  
**August Camp 1: August 13 - 17**  
**August Camp 2: August 20 - 24**

**New Member's Summer Special - \$295 for 3 months & uniform**